



ABOUT US



CHECKOUT OUR SOCIAL MEDIA!
@coreathleticscheer



Core Athletics is an on-site, elite level tumbling, stunting, and performance company specialized in the sport of cheerleading. We are on a mission to inspire, educate, and develop athletes through spirited and memorable experiences that foster athletic growth, build leaders on teams and throughout communities.

SERVICES IN EVERY SEASON

SPRING

- Off-Season Training Classes
- Personal Training Lessons
- Power Up Classes
- 4-Person Training Sessions
- On-Site Weekly Classes

SUMMER

- Overnight Camps
- Buddy Camps
- Private Camps
- Stunt Clinics
- On-Site Weekly Classes
- Personal Training Lessons

FALL

- On-Site Weekly Classes
- Stunt Clinics
- Power Up Classes
- Personal Training Lessons
- Developmental Classes

WINTER

- Weekly On-Site Classes
- Stunt Clinics
- Personal Training Lessons
- Power Up Classes
- Developmental Classes

WEEKLY CLASSES

OFF-SEASON TRAINING
Keep your athletes training throughout the Off-season! Athletes must register on our website for weekly classes and clinics!

ON-SITE TUMBLING
Impactful, engaging, on-site class experiences that drive athlete development. Provide your athletes with high-level coaching, spotting, and education. We'll travel to you! 60-min or 90-min class options available. Set up your classes today!

ON-SITE STUNTING
Bring high-level stunting training to your practices! Focus on stunting or combine stunting with weekly tumbling classes. We will build strength and endurance for overall stronger athletes!



SUMMER BUDDY CAMPS

FLAG TEAMS
Kindergarden-2nd Grade
Dates: July 18-19, 2024

FRESHMAN TEAMS
3rd-4th Grade
Dates: July 18-19, 2024

JUNIOR VARSITY
5th-6th Grade
Dates: July 20-21, 2024

VARSITY TEAMS
7th-8th Grade
GVSU Overnight Camps

BUDDY CAMP FEATURES:

CHEERFORMANCE ROUTINE
Teams will take home a camp routine perfect for your homecoming or pep-rally routine. Teams will have time with Core Athletics Instructors to create a personalized routine!

STUNTS & PYRAMIDS
Our stunt and pyramid curriculum brings you new stunts each year and covers not only all skill levels, but also all team sizes as well. Making it possible for all teams to learn a pyramid they can use for their season!



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